

Sex At Dawn The Prehistoric Origins Of Modern Sexuality Christopher Ryan

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<i>Sex At Dawn, The Prehistoric Origins of Modern Sexuality by Christopher Ryan \u0026 Cacilda Jethá Sex at Dawn by Christopher Ryan - Book Summary</i>
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Christopher Ryan \u0026 Cacilda Jetha - Non-Monogamy
Joe Rogan Experience #1201 - William von Hippel Sexual Jealousy — Dr. Chris Ryan's Perspective (Author of Sex at Dawn) Our Modern Life is Making Us Miserable - Interview with Dr. Christopher Ryan Sex At Dawn The Prehistoric
A popular science book for people who hate science, Sex at Dawn manages to combine weak arguments with a prose style of such overbearing condescension that I had to grit my teeth to get through it.

Sex at Dawn: The Prehistoric Origins of Modern Sexuality ...

Sex at Dawn: The Prehistoric Origins of Modern Sexuality is a 2010 book about the evolution of monogamy in humans and human mating systems by Christopher Ryan and Cacilda Jethá.

Sex at Dawn - Wikipedia
“Sex at Dawn challenges conventional wisdom about sex in a big way. By examining the prehistoric origins of human sexual behavior the authors are able to expose the fallacies and weaknesses of standard theories proposed by most experts. This is a provocative, entertaining, and pioneering book. I learned a lot from it and recommend it highly.” – Andrew Weil, M.D.

Sex at Dawn: How We Mate, Why We Stray, and What It Means ...

Sex at Dawn sets out to prove that our prehistoric ancestors were happy and healthy, thanks in no small part to lots of egalitarian, polyamorous, noisy group sex. What's the Big Deal?

'*Sex at Dawn: The Prehistoric Origins of Modern Sexuality'*

In Sex at Dawn: The Prehistoric Origins of Modern Sexuality, renegade researchers Christopher Ryan and Cacilda Jethç debunk almost everything we 'think we know' about sex while offering a bold alternative explanation for why we live and love as we do. With intelligence, humor, and wonder, Ryan and Jethç show how our promiscuous past haunts our current struggles regarding monogamy, sexual ...

Sex at Dawn: The Prehistoric Origins of Modern Sexuality ...

In the tradition of the best historical and scientific writing, Sex at Dawn unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

Sex at Dawn: The Prehistoric Origins of Modern Sexuality ...

Sex at Dawn: The prehistoric origins of modern sexuality Christopher Ryan and Cacilda Jetha Harper, 2010 [ILLUSTRATION OMITTED] I am a sex educator and have been teaching college students and adults what I have learned about Human Sexuality for many years. This book has caused me to look seriously at what I believed was factual about my favorite subject and question some of the received wisdom ...

Sex at Dawn: The Prehistoric Origins of Modern Sexuality ...

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Sex at Dawn: The Prehistoric Origins of Modern Sexuality ...

Sex at Dawn: The Prehistoric Origins of Modern Sexuality Dr. Christopher Ryan / Author of the acclaimed book, "Sex at Dawn" What were our ancestors' sex lives like? How we can possibly know such a...

Sex at Dawn: The Prehistoric Origins of Modern Sexuality -- Chris Ryan at Mindshare LA
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Sex at Dawn The Prehistoric Origins of Modern Sexuality ...

Description “ Sex at Dawn challenges conventional wisdom about sex in a big way. By examining the prehistoric origins of human sexual behavior the authors are able to expose the fallacies and weaknesses of standard theories proposed by most experts. This is a provocative, entertaining, and pioneering book.

Sex at Dawn: The Prehistoric Origins of Modern Sexuality ...

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Sex at Dawn: The Prehistoric Origins of Modern Sexuality. Since Darwin’s day, we’ve been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cul... Buy product. Categories: Anthropology, History, Nonfiction, Psychology, Science, Sexuality ...

Sex at Dawn: The Prehistoric Origins of Modern Sexuality -- Chris Ryan at Mindshare LA
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Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda JethÁ. While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and JethÁ's central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illumined by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and JethÁ show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, Sex at Dawn unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda JethÁ. While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and JethÁ's central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and JethÁ show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, Sex at Dawn unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

The 10th-anniversary edition of the book that radical re-evaluates the origins and nature of human sexuality. Since Darwin’s day, we’ve been told that sexual monogamy comes naturally to our species. Mainstream science – as well as religious and cultural institutions – has maintained that men and women evolved in families in which a man’s possessions and protection were exchanged for a woman’s fertility and fidelity. In this groundbreaking book, however, Christopher Ryan and Cacilda Jethá argue that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. With intelligence and humour, Ryan and Jethá explain how our promiscuous past haunts our contemporary struggles. They explore why many people find long-term fidelity so difficult; why sexual passion tends to fade even as love deepens; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. Shocking, enlightening, and ultimately inspiring, Sex at Dawn offers a revolutionary understanding of why we live and love as we do.

“Sex at Dawn challenges conventional wisdom about sex in a big way. By examining the prehistoric origins of human sexual behavior the authors are able to expose the fallacies and weaknesses of standard theories proposed by most experts. This is a provocative, entertaining, and pioneering book. I learned a lot from it and recommend it highly.” – Andrew Weil, M.D. “Sex at Dawn irrefutably shows that what is obvious—that human beings, both male and female, are lustful—is true, and has always been so... The more dubious its evidentiary basis and lack of connection with current reality, the more ardently the scientific inevitability of monogamy is maintained—even as it falls away around us.” – Stanton Peele, Ph.D. A controversial, idea-driven book that challenges everything you (think you) know about sex, monogamy, marriage, and family. In the words of Steve Taylor (The Fall, Waking From Sleep), Sex at Dawn is “a wonderfully provocative and well-written book which completely re-evaluates human sexual behavior and gets to the root of many of our social and psychological ills.”

In this controversial, thought-provoking, and brilliant book, renegade thinkers Christopher Ryan and Cacilda JethÁ debunk almost everything we “know” about sex, weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality to show how far from human nature monogamy really is. In Sex at Dawn, the authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illumined by our innate capacities for love, cooperation, and generosity.

A paleontologist plunges into the fossil record in order to provide a provocative account of prehistoric sex.

The New York Times bestselling coauthor of Sex at Dawn explores the ways in which “progress” has perverted the way we live—how we eat, learn, feel, mate, parent, communicate, work, and die—in this “engaging, extensively documented, well-organized, and thought-provoking” (Booklist) book. Most of us have instinctive evidence the world is ending—balmy December days, face-to-face conversation replaced with heads-to-screens zomboidism, a world at constant war, a political system in disarray. We hear some myths and lies so frequently that they feel like truths: Civilization is humankind’s greatest accomplishment. Progress is undeniable. Count your blessings. You’re lucky to be alive here and now. Well, maybe we are and maybe we aren’t. Civilized to Death counters the idea that progress is inherently good, arguing that the “progress” defining our age is analogous to an advancing disease. Prehistoric life, of course, was not without serious dangers and disadvantages. Many babies died in infancy. A broken bone, infected wound, snakebite, or difficult pregnancy could be life-threatening. But ultimately, Christopher Ryan questions, were these pre-civilized dangers more murderous than modern scourges, such as car accidents, cancers, cardiovascular disease, and a technologically prolonged dying process? Civilized to Death “will make you see our so-called progress in a whole new light” (Book Riot) and adds to the timely conversation that “the way we have been living is no longer sustainable, at least as long as we want to the earth to outlive us” (Psychology Today). Ryan makes the claim that we should start looking backwards to find our way into a better future.

How much of your waking time are you fully awake? On the other hand, how often do you stumble through the day on autopilot, half-asleep and out of contact with yourself, instead of feeling connected and alive? In this astounding book, Steve Taylor suggests that our normal consciousness is really a kind of "sleep" from which we sometimes "wake up" into a more intense and complete reality. He provides what is perhaps the first-ever clear explanation of higher states of consciousness, or "awakening experiences." This work delves into: • the methods we human beings have used throughout history to induce awakening experiences, including meditation, sex, sports, psychedelic drugs, and sleep deprivation • how higher states of consciousness were normal and natural to some of the world’s peoples (and still are, in some cases) • and how we can make "wakefulness" our normal state again. By fully explaining awakening experiences, the author makes them much more accessible, which may lead to a revolution in our psychological development as human beings!

"A controversial, idea-driven book that challenges everything you know about sex, marriage, family, and society"--Provided by publisher.

Somewhere, somebody is having more fun than you are. Or so everyone believes. Peter Sagal, a mild-mannered, Harvard-educated radio host—the man who puts the second "l" in "vanilla"—decided to find out if it's true. From strip clubs to gambling halls to swingers clubs to porn sets and back to the strip clubs (but only because he left his glasses there), Sagal explores what the sinful folk do, how much they pay for the privilege, and how exactly they got those funny red marks.

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